

MENOPAUSE AND OSTEOPOROSIS HELP

MENOPAUSAL SYMPTOMS

Due to the complex containing red clover and common hops, the product helps women cope with the symptoms associated with menopause, such as hot flushes, sweating, restlessness and irritability.

NATURAL BONE HEALTH

With complex Osteo™ contained calcium, vitamin D3 and K2 medicine helps contribute the preservation of the natural state of bones.

CONTENT OF ISOFLAVONS OF SOYBEAN, CLOVER AND HOP

Containing red clover, the product is beneficial for the cardiovascular system and also helps maintain calm and comfortable transition.

The common hop contributes to optimum relaxation and a healthy sleep.





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Elli MenoOsteo FORTE contains two unique complexes specifically developed for the needs of a woman's body during and after menopause.

Osteo[™] - the natural state of the bones due to calcium, vitamin D₃ and K₂

Calcium is needed to maintain the normal state of the bones and also contributes to correct muscle activity. **Vitamin D**³ helps to preserve the natural state of bones, normal calcium absorption and at the same time also to maintain normal calcium levels.

Vitamin K₂ helps to maintain the normal state of the bone and the natural blood clotting.

Vitamin B12 contributes the normal functioning of the nervous system and the natural formation of red blood cells.

Vitamin B2 contributes to the natural iron metabolism and the reduction of tiredness and fatique.

Meno[™] - for calm and comfortable passage through the red clover extract

The red clover extract is beneficial for the cardiovascular system, for bone strength while helping to maintain calm and comfortable transition.

The extract of common hop cones contributes to optimal relaxation, a healthy sleep and helps women cope with symptoms associated with menopause, such as hot flushes, sweating, restlessness and irritability.

Nutritional value of the product	in 2 capsules	RI*
The dry extract of the fruits of the soybean (Glycine max) standardised to 40% content of isoflavones	140 mg	not specified
${}^{1}\textbf{The dry extract of hop cones rotary} \textit{(Humulus lupulus)} \textbf{ standardised } to 8-12\% \textit{ isoflavones}$	80 mg	not specified
² Dry extract of red clover (<i>Trifolium pratense</i>) standardised to 10-30% isoflavones	20 mg	not specified
³ Vitamin K2 (menachinon)	20 μg	26,6 %
⁴ Vitamin D ₃ (cholekalciferol)	6,6 µg	132 %
⁵ Calcium (calcium carbonate)	500 mg	62,5 %
Vitamin B2 (riboflavin)	4 mg	35 %
Vitamin B ₁₂ (cyanocobalamin)	6 µg	240 %
Folic acid (pteroylmonoglutamic)	400 μg	200 %
filler: inulin; anti-caking agent: magnesium stearate, silica; Capsule: gelatin, dye: titanium dioxide		

^{*} Reference intake

Recommended dosage: Take 2 capsules daily. For faster onset of action, it is possible for the first 14-21 days take 3 capsules daily. To obtain a sufficiently favorable effect take the medication for 3-4 months.



www.elliMenoOsteo.cz